

Aryabhatta College
University of Delhi

-
Department of Physical Education & Sports Sciences
Annual Report :2022-2023

Aryabhatta College is acknowledged for producing Sports person of high Caliber. It is possible by the regular and disciplined practice sessions under trained coaches of various Sports like Boxing, Kho-Kho, Wrestling, Taekwondo, Volleyball, Football, Ball-Badminton, Kabaddi, Table Tennis, Chess and Judo. This year our various team won the Medals in different games at All India Inter University, National, State and Inter-College.

Dr. Narender Kumar
(Convener) Sports Committee

Dr. Anuj Kumar
Director of Physical Education

Yoga Camp for Community



International Yoga Day



Table tennis & Chess Tournament



Aryabhatta College
University of Delhi
Centenary Celebration

Department of Physical Education
Under the aegis of IQAC

Is Organising

NATIONAL SPORTS DAY



On
His Birth Anniversary
29 August 1905 - 3 December 1979

Table Tennis, Chess
&
Carrom Board

Competition for Differently Aabled Boys / Girls
students Open For All

Eligibility :- Age should be between 16yr to 21yr



Dr. Anuj Kumar
Teacher Incharge
Contact :- 98916 04044

Date :- 29.08.2022
Time :- 10 am
Venue :- Sports Room



Prof. Manoj Sinha
Principal



Tushar Secure Gold Medal in Khelo India youth game Gymnastic Championship held at panchkula haryana

S.No	Name	Roll no	Position
1	Tushar kalyan	BAP/21/106	Gold




Inter Department chess & Table tennis tournament




Volleyball Match Teaching vs Non Teaching Staff




Aryabhata College
University of Delhi
Under the aegis of IQAC
Is Organising
**VOLLEYBALL MATCH
FOR TEACHING VS NON-TEACHING STAFF**




Rules:- 1. Minimum 6 players in each team.
2. Best of three set.
3. Mix Team 4 males 2 females
Date:- 14 October 2022
Time:- 9:00 am
sports ground



Dr. Anuj kumar.
Director of Physical Education.



Prof. Manoj sinha
principal



Kabaddi team won Bronze medal in Delhi district kabaddi championship 20/Sept/2022



NAME	ROLL NO
HARSH DEV	CSC/21/60
NISHANT	MAT/20/64
GOLU KUMAR	POL/20/55
SHAILESH	HIS/21/63
SACHIN	CSC/21/64
VIKAS	HIS/21/24
AKASH	HIS/20/60
SHUBHLENDRA	BBE/20/64
SONU YADAV	HIS/21/35
VIKAS	HIN/21/12

Saurav from BAP/21/105 selected in Youth National Volleyball Championship held at Uttarakhand.



UTTARANCHAL VOLLEYBALL ASSOCIATION (Regd.)
AFFILIATED TO > VOLLEYBALL FEDERATION OF INDIA & UTTARANCHAL OLYMPIC ASSOCIATION
Mithlesh Kumar Singh
President
Dehradun
Mrityunjai
Secretary
Rudrapur

Ref.No-UV/A/182/2022

Date: 23.11.2022

सेवा में,
अध्यक्ष/सचिव
समस्त सम्बद्ध जनपदीय इकाई
उत्तरांचल वालीबॉल एसोसिएशन

विषय : चयन ट्रायल हेतु संशोधित सूचना

25वीं यूथ राष्ट्रीय वालीबॉल चैम्पियनशिप (महिला एवं पुरुष) एवं 71वीं सीनियर राष्ट्रीय वालीबॉल चैम्पियनशिप (महिला एवं पुरुष) में प्रतिभाग करने हेतु उत्तराखण्ड के यूथ एवं सीनियर महिला एवं पुरुष खिलाड़ियों के चयन ट्रायल प्रक्रिया के आयोजन के सम्बन्ध में।

महोदय/महोदया

आप को अवगत कराना है कि 25वीं यूथ राष्ट्रीय वालीबॉल चैम्पियनशिप (महिला एवं पुरुष) दिनांक 16 से 22 दिसम्बर 2022 तक पन्ना, मध्य प्रदेश एवं 71वीं सीनियर राष्ट्रीय वालीबॉल चैम्पियनशिप (महिला एवं पुरुष) जनवरी 2023 के प्रथम सप्ताह मुंबाई में प्रतिभाग करने हेतु उत्तराखण्ड के यूथ एवं सीनियर वर्ग के महिला एवं पुरुष खिलाड़ियों के चयन ट्रायल-प्रक्रिया का आयोजन उत्तरांचल वालीबॉल एसोसिएशन के तत्वावधान में दिनांक 26 एवं 27 नवम्बर 2022 को पुरुष वर्ग (यूथ एवं सीनियर दोनों दिन दोनों वर्गों के) तथा दिनांक 03 एवं 04 दिसम्बर 2022 को महिला वर्ग (यूथ एवं सीनियर दोनों दिन दोनों वर्गों के) टीमों की चयन प्रक्रिया प्रातः 10 बजे से स्पोर्ट्स स्टेडियम रुद्रपुर, कथम सिंह नगर में आयोजित की जानी है।

- चयन प्रक्रिया में प्रतिभाग करने हेतु खिलाड़ी का उत्तराखण्ड का स्थायी निवासी होना अनिवार्य है।
- यूथ चयन प्रक्रिया में खिलाड़ी का जन्म दिनांक 01.01.2003 को या इसके बाद हो प्रतिभाग कर सकते हैं।
- दिनांक 26 एवं 27 नवम्बर 2022 दोनों दिन दोनों वर्ग यूथ एवं सीनियर पुरुष खिलाड़ियों का चयन ट्रायल किया जाएगा।
- दिनांक 03 एवं 04 दिसम्बर 2022 दोनों दिन दोनों वर्ग यूथ एवं सीनियर महिला खिलाड़ियों का चयन ट्रायल किया जाएगा।
- सभी प्रतिभागी अपने साथ अपना आदर्श चित्र, जन्म प्रमाण पत्र, स्थायी निवास प्रमाण पत्र, पासपोर्ट साईज फोटो, इत्यादि की मूल प्रति साथ लाएं।
- चयन ट्रायल प्रक्रिया हेतु उत्तरांचल वालीबॉल एसोसिएशन द्वारा नामित चयन समिति का निर्णय अंतिम रूप से मान्य होगा।

अतः आप सभी से अनुरोध है कि जनपदीय इकाई से जुड़े सभी खिलाड़ियों को एवं अन्य वालीबॉल खिलाड़ी जो प्रतिभाग करना चाहता हो को अपने माध्यम से सूचित करने का कष्ट करें।
धन्यवाद।

भवदीय

(मृत्युंजय)
सचिव



प्रतिलिपि:— सादर सूचनार्थ प्रेषित

1. डॉ. डी० के० सिंह, महासचिव, उत्तरांचल ओलम्पिक एसोसिएशन
2. श्री मिथलेश कुमार सिंह, अध्यक्ष, उत्तरांचल वालीबॉल एसोसिएशन



Tushar kalyan BAP/21/106 won Gold medal in Khelo India gymnastic Championship



Blood Donation Camp

Aryabhata College
In a Collaboration With
Rotaract Club of Unified Sprit
Rotary Club of Delhi Humanity

PROJECT RAKSHAK
BLOOD DONATION DRIVE

Donating blood can make a big difference to those in need.

14 Nov 2022 @ 10:00 am - 04:00 pm

Ankit Bhardwaj
Secretary Student Council
981400985

Abhishek Tiwari
9429450945

Ankit Pandey
Convener SPS
91 221 760 86



Certificate OF APPRECIATION
ROTARY CLUB OF DELHI HUMANITY & ROTARACT CLUB OF UNIFIED SPIRITS
In collaboration with STUDENTS FOR SEWA

This Certificate is issued with gratitude to facilitate
Mr./ Ms. Dr. ANUJ KUMAR
son of/ daughter **Shri. ASHOK KUMAR**
who has exemplified the human qualities by donating
ONE UNIT OF BLOOD
for saving a life, in peril, on **14-11-2022**.
We wish him/her all the good luck and request him/her to enrol as a voluntary blood donor with us.
In service of mankind.

Dr. Anuj Kumar
DIRECTOR OF PHYSICAL SERVICES

RTN. TIRTHANKAR GOYAL **RTN. SATYAJIT GUPTA** **RTN. AJAY JAIN**
PRESIDENT SECRETARY

Rotaract Club of Unified Spirits
In collaboration with
Aryabhata College
presents
Blood Donation Drive
PROJECT RAKSHAK

Monday 14 November 2022
Time: 10:00 a.m. - 4:00 p.m.
Venue: Aryabhata College, Delhi University

Prof Manoj Sinha
PRINCIPAL

Dr. Anuj Kumar
Director of Physical Education



INTER UNIVERSITY VOLLEYBALL CHAMPIONSHIP

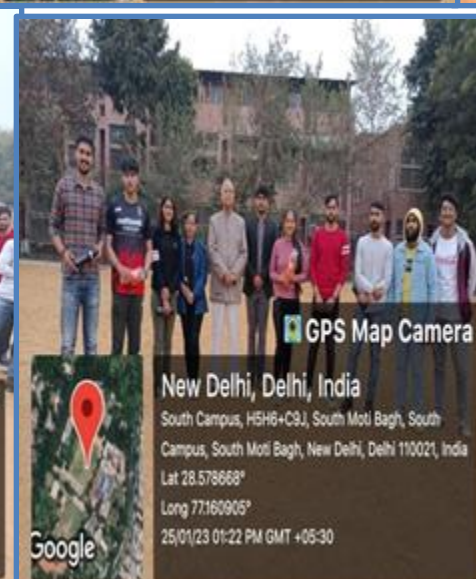
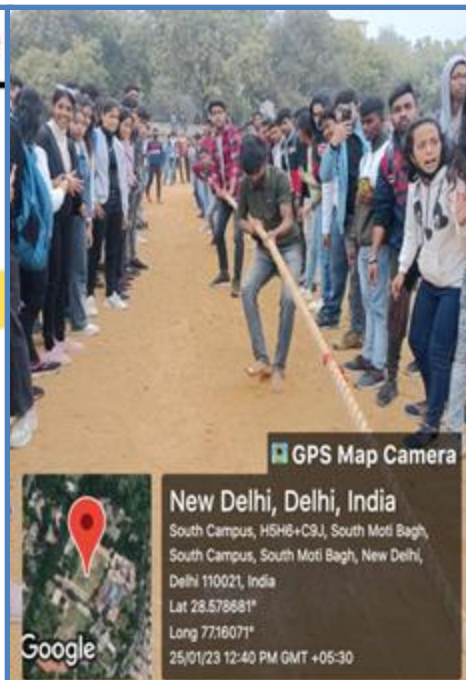
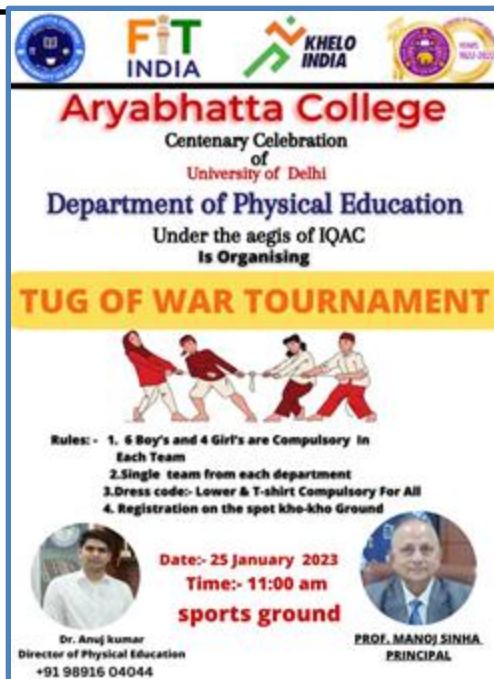


SN	NAME	ROLL NO	POSTION
1	MAHESH	BAP/20/90	GOLD
2	DEEPAK	BAP/20/84	GOLD
3	HIMANSHU	PSY/20/68	GOLD
4	SHANTANU	BCH/21/54	GOLD



Inter Department Tug of War Tournament

- Objectives:
- To make aware people for fitness through TUG OF WAR and other physical activity.
- For spreading awareness towards benefits of TUG OF WAR.
- Visualize fit- India movement not only by words by work.
- Chief Guest: Shri Dinkar Kumar Singh (Governing body member Aryabhatta College)
- Valedictory Session: six male & four female make winners were awarded.
- Gold medal won by B.A(P) & Silver Medal won by Hindi(H)
- Total 10 departments & Total number of 100 students were participated the tournament



3KM RUN FOR SELF

ARYABHATTA COLLEGE
(South Campus, University of Delhi: 50 Glorious Years in Service of Nation)
DEPARTMENT OF PHYSICAL EDUCATION

DATE
17TH FEBRUARY, 2023

VENUE:
SPORTS GROUND

REPORTING TIME
7:00 A.M.

NSS
Under the aegis of IQAC
IS ORGANISING
3KM
RUN FOR SELF

Open for All Boys/Girls
No Entry Fee

Prof. Sanjeev Singh
(Joint Director South Campus)
University of Delhi

Shri Rajesh Kumar
Chief Coach
India Navy Volleyball Team

Prof. Manoj Sinha
(Principal)

The Teaching Faculty, Non-teaching Staff and Students of all the Departments are Cordially Invited to be a Part of Fitness Revolution

For Registration Contact
Mr. Mahesh Malik
(Sport President)
Phone No. 9953490998

For More Details Contact
Dr. Anoj Kumar
Director of Physical Education
Phone No. 9891688844



- The Department of Physical Education and NSS unit of Aryabhatta College organized a Cyclothon on 17th Feb 2023.

Chief Guest :-prof. Sanjeev Singh, (Joint Director) South Campus University of Delhi

- Guest of Honor : Shri Rajesh kumar , Chief Coach,Indian Navy Volleyball Team
- Principal : Prof Manoj Sinha

It was 3KM RUN FOR SELF around 250 students were participated in this event.

Kho-kho Team won Sliver Medal in Inter College Championship



SN	NAME	ROLL NO	POSITION
1	NITSH KUMAR	HIN/20/63	SLIVER
2	ADITYA DAS	HIN/20/64	SLIVER
3	KRISHNA	HIS/20/59	SLIVER
4	DINESH	ENG/22/62	SLIVER
5	AADARSH	POL/20/68	SLIVER
6	RAJESH	HIS/22/65	SLIVER
7	AKASH	BCH/21/52	SLIVER
8	AMAN	BCP/20/81	SLIVER
9	SHASHIKANT	MAT/20/55	SLIVER
10	SHIVAM	BAP/20/85	SLIVER
11	ADITYA	BMS/22/61	SLIVER
12	AKASH	ENG/2/61	SLIVER
13	SURYA SINGH	BMS/22/72	SLIVER

LSR Invitational Volleyball Tournament team won Gold medal



Name	Roll no
Mahesh Malik	BAP/20/90
Varun Tariyal	BCH/20/93
Deepak	BAP/20/84
Shantanu Bhardwaj	BCH/21/54
Himanshu Gahlot	PSY(H)
Parth Rawal	POL/21/82
Saurabh Juyal	BAP/21/105
Rahul Singh	BMS/20/06
Nitin Jangir	BMS/20/61
Arpit pathak	BCP/22/70
Suyash patak	HIN/22/43
Sourabh	BCH/21/66

All India Gymnastics championship



Name	Roll no	Place
Shyan	ENG/20/66	Gold
Tushar	BAP/21/106	Gold
Mehak	PSY/22/70	participation

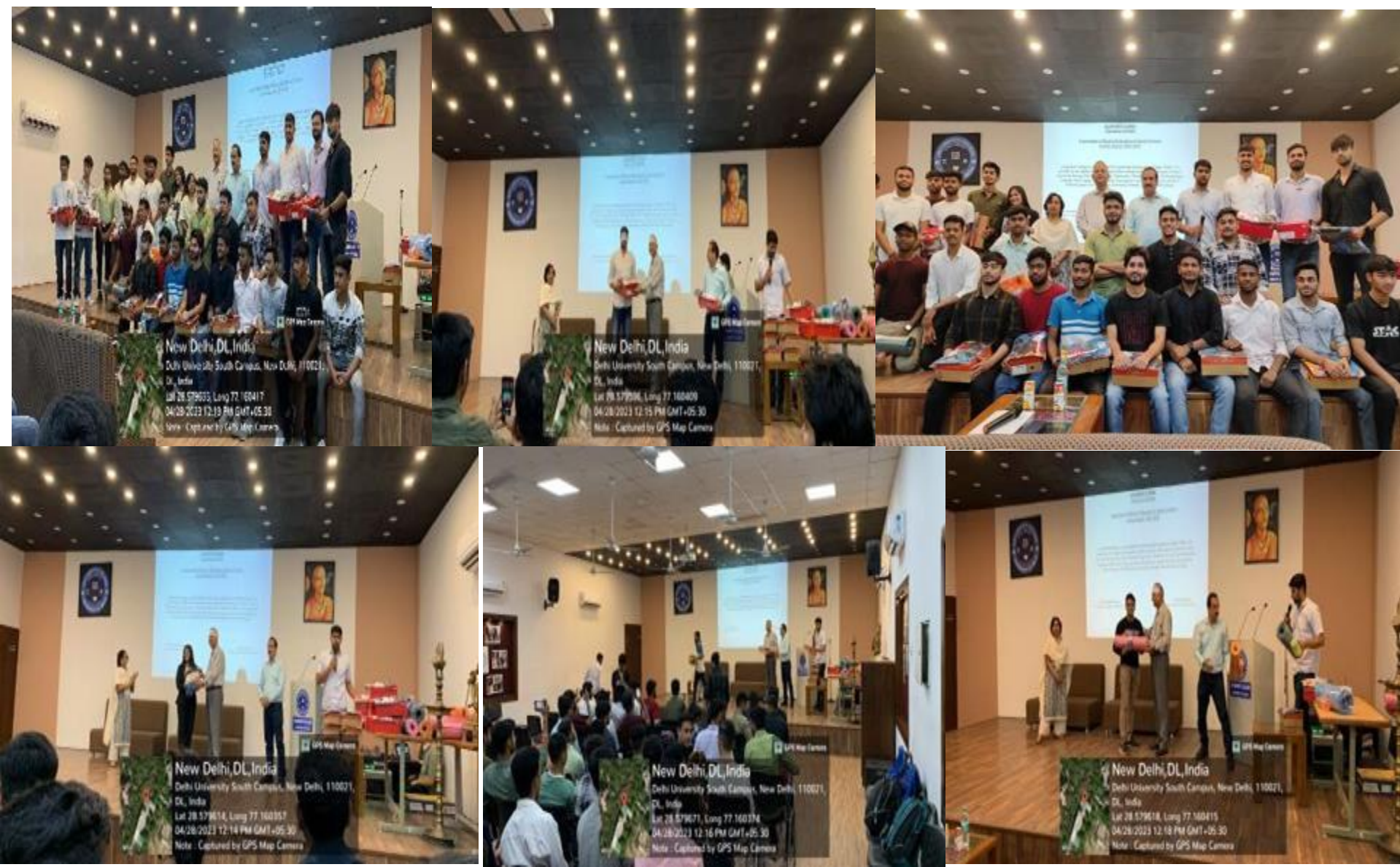
Kho-Kho team won Sliver Medal in All India Inter University Gymnastic Championship



S.n	NAME	Roll no
1	NITESH KUMAR	HIN/20/63
2	ADITYA DAS	HIN/20/64
3	AKASH	BCH/21/52



Annual Sports Prize Distribution



THANK YOU



**HOPE YOU HAD
A BALL!**